

Prison Service to host Cayman anger course

Tuesday, August 3, 2004

The prison Service is hosting a two-day anger management training workshop beginning at 9 am on 11 August at the Mary Miller Hall in Red Bay. The course is open to residents at a cost of US \$210 per person.

'Anger Management Certification for Adult Facilitators Workshop' will be presented by George Anderson, whose firm Anderson & Anderson provides anger management training for government agencies across the world in Bermuda, Canada, Guam, Italy, the Philippines, South Africa and the US.

Mr Anderson is perhaps best known as the technical consultant for the film, 'Anger Management' starring Jack Nicholson and Adam Sandler.

The course is geared towards people in management, and supervising positions in government and business. Hosts of the workshop, the Prison Service, Deputy Director of Prisons, Daniel Greaves said: "We understand that from time to time inmates will get angry because of the situation that they are in, and we can influence this by the way we treat them.

"Apart from the fact that we are constantly facing people with anger, staff need to understand the implications of both sides of a situation. We already have people teaching anger management but we also want to formalise these people and have them certified.

"We have some counsellors who give anger management training, but this course has been arranged in an effort to further prevent it before it happens. We want to further equip our staff and to improve our training programme."

Mr Greaves did not think Cayman was an angry society but said: "I don't think we have a great problem with anger in Cayman, but this [workshop] is acting pro-actively, to teach why people get angry so as to prevent it."

Besides prison staff from Northwood and Fairbanks prisons, other participating government agencies are: Eagle House, The Health Services Authority, The Department of Children and Family, Caribbean Haven, The Customs Department, The Immigration Department, Cayman Islands Crisis Centre, Probation Aftercare, The Sunrise Centre and Cayman Airways.

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